

**A MANUAL
ON
WORK
AND
HAPPINESS**

call for workshops / call for lazyshops

Does a person feel happier working or not working? Does work provide the solution for our collective happiness? Or rather does laziness?

These are some of the core questions of *A manual on work and happiness*, an international collaborative project which brings together Artemrede (Portugal), Pergine Spettacolo Aperto (Italy), L'Arboreto (Italy) and the Municipal and Regional Theatre of Patras (Greece) under the artistic direction of mala voadora and in collaboration with catalan playwriter Pablo Gisbert. The result of the project will be a text conceived as a *manual* explaining step by step how to construct a performance which, in turn, illustrate how to possibly achieve happiness through working. This show can be set up in any part of the world, simply by following the instructions guidelines, just like a DIY manual.

Changing the world won't be an easy task.

The project will be launched during Pergine Spettacolo Aperto Performing Arts Festival with the *International Seminar on Work and Happiness*, on the 14th and 15th July 2017, where experts will be invited to present their research and the audience will be able to participate in the discussion as well as exchange opinions and perspectives on the topics: happiness, work, laziness, creativity.

The *International Seminar on Work and Happiness* wants to investigate these paradoxes, giving the workers an opportunity to relax and the lazy ones the opportunity to rethink productivity.

We are inviting European artists to design two kind of 'training' activities: workshops and lazyshops, which will respectively examine, through an artistic approach, the meanings and practices of work and non-work.

This **call for workshop / call for lazyshop** is an opportunity for artists, cultural practitioners and researchers from any artistic field, to conceive and design training or research activities or test new creative methodologies in relation to the topics.

The proposal for a workshop or lazyshop should respond to the following conditions:

- it should last 4 hours ca.
- it should be addressed to maximum 25 participants (artists, students, workers, general audience)
- it should explore, through artistic practice and a creative approach, one of these two areas: WORK (workshop) or NON-WORK (lazyshop) and how to relate it with the idea of HAPPINESS.

Each applicant can submit only one proposal for each area. The jury composed by the partners of the project 'A Manual of work and happiness' will select two proposals, one for a workshop and one for a lazyshop, to be presented on the 15th July 2017 within the *International Seminar on Work and Happiness*, in the context of Pergine Spettacolo Aperto Festival.

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The International Seminar will cover two days of events:

14th July

Opening night

International experts will discuss happiness, productive work, laziness and creativity in a talk-show style event.

15th July

Morning: duels around the table

Experts will confront each other and their positions, giving the opportunity to the audience to ask questions and discuss with them their opinions.

Afternoon: workshop versus lazyshop

The audience will be able to enrol in a workshop or in a lazyshop run by the invited artists, in order to collectively reflect on the relationship between work and happiness. The results will be documented and shared through the project's platform.

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Submitting a project to the International Seminar on Work and Happiness implies the acceptance of the following conditions:

1. Eligibility

- Any professional artist or artistic structure (individual or collective) based in Europe* can submit a proposal either for a workshop or a lazyshop, i.e, You can submit only ONE proposal for each format (please indicate clearly if it is a workshop or a lazyshop proposal)

- Geographical eligibility follows the criteria applicable by the Creative Europe programme, which cofinances the project: besides the EU Member States, from 2015 onwards, the [following countries participate in the Creative Europe Programme](#): Norway, Iceland, Albania, Bosnia and Herzegovina and Montenegro as well as the Former Yugoslav Republic of Macedonia, the Republic of Serbia and Turkey. Full info on: https://ec.europa.eu/programmes/creative-europe/content/creative-europe-participating-countries_en

2. Submission

The submission of proposals has to be made online at <http://amanualonworkandhappiness.eu/international-seminar/> until the **16th April 2017** and it should include:

- a biographical note in pdf of ONE page maximum with links to websites, video or portfolio of previous work;
- a detailed and clear description of the activity in pdf, either for the implementation of a workshop or a lazyshop, which may or may not include images or video links and indicates which type of space (indoors or outdoors) is more suitable for the realisation of the project (TWO pages maximum);
- a list of ALL the production and logistic needs in pdf.
- Each document uploaded must not exceed 10MB.

3. Selection criteria

The jury will select the proposals based on:

1. Artistic quality
2. Relation to the theme (either happiness/work or happiness/laziness)
3. Technical and logistical viability

4. Award

The selected proposals will be awarded:

- a grant of **500 euros** (VAT included);
- One night accommodation in Pergine Valsugana (Trento, Italy) and board;
- logistical support for the implementation of the workshop;

All the other costs (travel, production costs, accommodation costs for extra people) are at the expenses of the artists.

5. Calendar

Online project submission **from 2nd March 2017**

Deadline **16th April 2017**

Announcement of the selected projects: **21st April 2017**

Workshops and Lazyshops: **15th July 2017** (afternoon)

6. Enquiries

Enquiries related to this call must be exclusively addressed by email (call@amanualonworkandhappiness.eu). No replies will be given by phone.

7. Restrictions and exclusions

Relatives of any member of the project or permanent workers of the organising entities; are excluded from the call.

Failure to submit any of the documents listed grounds for exclusion of the applicant.

8. Confidentiality

All the data received will be treated confidentially and will not be disclosed to third parties without the prior approval of the applicants

9. Right of use and publication of projects

By submitting the projects, applicants agree that their work will be used in the framework of A Manual on Work and Happiness project, unless otherwise noted, without prejudice to their respective copyright and creative ownership. The authors will be accredited in all materials (image or text)

10. Copyright and property rights

It is the applicant's entire responsibility to ensure that the submitted project does not infringe the intellectual property of others, including but not limited to copyright, trademark or design rights.

A PROJECT BY:

ARTEMIAEDE
juntos.mais fortes

PERGINE
SPETTACOLO
APERTO


L'ARBORCETO


teatro dimora
moderno

ΔΗΜΟΤΙΚΟ
ΠΕΡΙΦΕΡΕΙΑΚΟ
ΘΕΑΤΡΟ
ΠΑΤΡΑΣ  MUNICIPAL
AND REGIONAL
THEATRE
OF PATRAS


ARTISTIC DIRECTION:

mala voadora

IN ASSOCIATION WITH:


ALCOBACA
Um lugar em Amor


Montijo
Câmara Municipal

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